

# IRISES CAFÉ AND WINE BAR est. 1997

## LUNCH MENU

Served Weekdays  
11:30 am - 4:00 pm

### *Soups & Starters*

- SOUP OF THE MOMENT**  
w/house-made bread ..... cup \$4.49 bowl \$5.99
- CUBAN BLACK BEAN SOUP**  
w/house-made bread ..... cup \$4.99 bowl \$6.99
- BAKED FRENCH ONION AU GRATIN**  
w/house-made bread ..... cup \$4.99 bowl \$6.99
- SEASONED AHI TUNA SASHIMI**  
avocado, lemon-ginger cream, soy-chive oil .....\$11.99

- IRISES HOUSE NACHOS**..... \$9.99  
house-seasoned tortilla chips, black beans,  
scallions, jalapenos & cheddar-jack cheese
- CAJUN GRILLED SHRIMP**  
red chili dipping sauce.....\$10.99
- MEDITERRANEAN PLATTER**.....\$11.99  
house-made duo of dips with roasted garlic hummus &  
warm artichoke-parmesan spread, toasted pita wedges & kalamata olives

**ADD TO ANY SALAD**  
Grilled Sliced Chicken Breast \$4  
Marinated Sliced Portobello \$4  
Petit Salmon Fillet \$6.99  
Jumbo Shrimp \$6.99

### *Signature Salads*

- SOUP & SALAD COMBO PLATE**.....\$8.99  
cup of soup of the day with a small house salad  
with black bean or French onion \$9.49  
(may substitute caesar salad + \$1.00)
- HOUSE SALAD** ..... sm \$4.99 lg \$7.99  
sunflower seeds, mixed greens, tomatoes,  
cucumbers, red onion & toasted croutons  
(add Maytag blue cheese crumbles +\$1.29)
- CAESAR SALAD**..... sm \$5.99 lg \$8.99  
crisp romaine, croutons, shaved parmesan
- SPINACH SALAD** ..... sm \$6.99 lg \$9.99  
Maytag blue cheese, red onion, tomatoes,  
kalamatas, croutons, warm sherry-shallot vinaigrette
- FRESH PICKLED BEET SALAD** ..... sm \$7.99 lg \$11.99  
pickled peppers & onions, arugula,  
feta, walnuts, basil oil & balsamic reduction

- WARM GOAT CHEESE SALAD** ..... sm \$7.99 lg \$11.99  
mixed greens, sliced pears, red onion, walnuts,  
kalamata olives, warm sherry-shallot vinaigrette
- ARUGULA SALAD** ..... sm \$7.99 lg \$11.99  
pine nuts, bacon, red onion,  
Maytag blue cheese & Dijon vinaigrette
- MEDITERRANEAN SALAD** ..... \$12.99  
roasted garlic hummus, artichoke hearts,  
kalamata olives, tomatoes, cucumbers, red onion  
& feta cheese, balsamic vinaigrette, toasted pita wedges
- CRISPY DUCK SALAD** ..... \$16.99  
quarter Maple Leaf Farm's pekin duck over mixed greens  
with bacon, mandarins, almonds & raspberry vinaigrette
- WARM SALMON SALAD**..... \$15.99  
petit fillet mixed greens, dried apricots  
& cranberries, walnuts, raspberry vinaigrette
- ASIAN TUNA SALAD** ..... \$15.99  
our popular sesame crusted tuna, seared rare, mixed greens,  
spicy wasabi peas, mandarins, almonds & hoisin-ginger vinaigrette

### *Burgers & Sandwiches*

*\*All sandwiches served with choice of french fries or house-fried chips.  
May substitute fries or chips with small house salad OR cup of soup du jour for \$1.99.  
Substitute caesar salad, french onion OR black bean soup + \$2.29*

- IRISES ALL-NATURAL BEEF BURGER** .....\$10.99  
*Featuring Local Kilcoyne Farms Angus Beef (Brasher Falls)*  
toasted roll, lettuce & tomato, house fries  
add bacon +\$1.00  
add cheddar, Swiss or blue cheese +\$1.29  
add sautéed mushrooms +\$1.00
- CALIFORNIA COBB BEEF BURGER** .....\$13.99  
sliced fresh avocado, blue cheese, bacon,  
lettuce, tomato & herb aioli, house fries
- CAJUN BLACKENED BEEF BURGER**.....\$12.99  
cajun blackened, melted cheddar-jack, bacon, red chili  
mayo, lettuce & tomato, house fries
- CHAR-GRILLED LAMB BURGER**.....\$16.99  
cranberry-onion relish, kalamata-herb aioli, melted aged cheddar,  
fresh arugula greens, toasted roll, sweet potato fries
- IRISES 'INFAMOUS' CHICKEN SANDWICH**.....\$10.99  
bacon, red chili mayo, melted cheddar-jack,  
housemade herbed focaccia, house fries

- BAKED CHICKEN & BRIE MELT SANDWICH**.....\$10.99  
toasted kaiser roll, peach-cranberry walnut chutney  
& fresh spinach, house fries
- CRAB CAKE SANDWICH** .....\$11.99  
roasted red pepper aioli on house-made kaiser roll, lettuce & tomato
- B-L-T PITA WRAP** ..... \$9.99  
crisp bacon, lettuce, tomato, & creamy herbed ranch dressing
- HUMMUS PORTOBELLO PITA WRAP**.....\$10.99  
artichoke hearts, kalamata olives, spinach & feta
- THAI PEANUT CHICKEN PITA WRAP** .....\$10.99  
spicy peanut sauce & julienned vegetables
- CHICKEN & BACON CAESAR PITA WRAP** .....\$10.99  
sliced chicken breast, bacon, romaine, caesar dressing & parmesan

Substitute  
House Fries with  
Sweet Potato Fries \$1.99 OR  
White Truffle Fries +\$2.99

### *Flatbread Pizzas*

**CHEF'S GRILLED 10" THIN-CRUST, RUSTIC-STYLE** ..... \$12.99

**MARGHERITA**  
roasted garlic oil, tomatoes,  
fresh basil chiffonade, mozzarella

**ROASTED VEGETABLE & PARMESAN**  
roasted shallots, red peppers & mushrooms, parmesan,  
white béchamel & balsamic reduction

**GREEK**  
spinach, artichoke hearts, kalamata olives,  
peppers, marinara, mozzarella & feta